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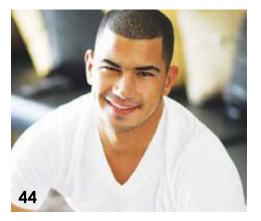
PHOTOGRAPHER Dennis Covey

APPAREL MYTHOLOGY by Richard Fredrick 2365 30th Street San Diego, CA 92104 619.523.1132

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## THE ULTIMATE "GREEN" FASHION OF MYTHOLOGY

by brian van de mark

Local small business owner Richard Fredrick was green before green was hip. In fact, Fredrick has been doing green and cruelty-free designs since the early 1990s, selling his wholesale namesake label accessories to such retail giants as Nordstrom, House of Blues and Harley-Davidson.

Specifically, the Richard Fredrick line has focused on cruelty-free belts. The belts, made from faux leather rather than actual animal hyde, have a significantly longer life, because they are dry-cleanable and won't crack.

"At first people thought it was just a sales pitch," Fredrick says of the cruelty-free concept. "People thought if it isn't real leather, then the quality can't be as good. Actually, it's just the opposite. For example, the ultra-suede material coming out of Japan lasts 1,000 times longer than animal suede."

When Fredrick launched his line, a local San Diego Nordstrom buyer bought 39 belts. They were sold out in 24 hours, and the Richard Fredrick line became one of the must-haves.

Now Fredrick is bringing is own line of accessories to the heart of South Park with San Diego's first eco-boutique, Mythology.

"Mythology is about featuring designers, including myself, who are conscious of a greater, global aspect to apparel," Fredrick explains. "For example, many of the labels we'll carry are made from organic material. The majority are soy composite, hemp, bamboo or organic cotton. Also, 75 percent of the designers are local, so they are unique products. And, local designers means cutting down on oil used for shipping. We feature a brand of vegan shoes. We're lowering the human footprint from a fashion perspective."







Mythology also celebrates those designers who are using soy-based dye, or shredded material where the entire process is about limiting chemicals and using natural dyes such as hemp oil, berry tea, etc.

"We really love the companies that are doing something with their money," Fredrick says. "There's one company that is taking a percentage of their sales and they are single-handedly supporting a small community in Africa. That's amazing."

Of course, the ultimate "green" fashion is vintage apparel. "The best way to be green is to recycle material. When you're not creating new material, but you're using stuff from the 60s, 70s or 80s, then not only are you likely to be getting a one-of-a-kind, but it's the highest level of green because you are essentially recycling," Fredrick explains.

And that's the kind of business owner Fredrick wants to be: one of a kind and completely green.

"We just have good energy in the store," Fredrick says of his new San Diego location.

After all, San Diego is where Fredrick got his start. Fredrick is a graduate of University of California-San Diego's fine art school, and went on to study jewelry fashion design in Florence, Italy. After returning to the United States, Fredrick went to New York's prestigious Fashion Institute of Technology for a degree in fashion. "After 9/11, I decided to mull over my options, and decided to come home to San Diego," says Fredrick. "Luckily, accessorizing became really hot again, like vintage buckles."

The belt line is really about giving the customer

choices and, in many cases, allowing them to customize their own belts. For Fredrick, it is about giving customers the opportunity to walk in and see the variety, so they know they have options.

"We do a lot of educating," Fredrick explains. "Because we are small and local, we can do custom work. I encourage clients to customize their order. We have everything from a plain \$38 belt up to our New York belt, which is covered with over 400 hand-set Swarovksi crystals, which goes for \$295."

The Richard Fredrick wholesale accessory line can be viewed at MantaDirect.com, as well as a retailer list, such as local boutiques PURE and JUNC. Fredrick says he rotates samples and styles frequently so customers can logon and see a wide range of samples.

So what is next for openly-gay (and single) Fredrick? As a designer, I want to expand into other accessories such as handbags," Fredrick explains. "I want to educate the customer on green and cruelty-free options. I hope people will continue to respond when given the option between leather and non-leather. Personally, February marks my 21st year as a vegetarian, because I really believe that people are going to come to understand that one of the great ways to fight climate change is by going vegetarian—so why would I choose to make money off of leather? There is a better way of living."

On January 31, Mythology is having its grand opening at their new location in the heart of South Park (acrossfrom Vagabond Restaurant) at 2365 30th Street from 6:00 p.m.-10:00 p.m. Phone: 619.523.1132.

